

2022 ST. JOE'S WRESTLING CAMPS

The St. Joe's Wrestling System – Technique & Training for Success at any level!

1998, 2009, 2010, 2011, 2017, 2020, & 2021 MMHSAA Champions
2010, 2011, 2012, 2015, 2016, 2017, 2018, 2019, 2020, 2021, & 2022 MMHSAA All-Catholic Tournament Champions
Honorable Mention Ranking in New York State 2009, 2010, 2011, 2015, 2017, 2018 & 2019
146 MMHSAA All-Catholic Champions • 21 NYCHSAA State Champions • 6 NYSPHSAA Place Winners

TWO CAMPS IN ONE! Enroll at www.sjci.com/sportscamps

St. Joe's Novice Wrestling Camp

for new wrestlers entering grades 2–12

Dates: Monday, July 18 – Thursday, July 21

Time: 6 - 8 p.m.

Location: St. Joe's Aux. Gym (Wrestling Room)

Cost: \$100 per camper

What to Bring: Shorts, t-shirt, & sneakers *OR* wrestling shoes

Camp Objectives:

- To develop wrestling skills in a safe and fun environment
- Reinforce good habits and a healthy lifestyle

St. Joe's Advanced Wrestling Camp

for experienced wrestlers entering grades 2–12

Dates: Monday, July 18 – Thursday, July 21

Time: 6 – 8 p.m.

Location: St. Joe's Aux. Gym (Wrestling Room)

Cost: \$100 per camper

What to Bring: Shorts, t-shirt, & wrestling shoes

Camp Objectives:

- Introduce advanced technique and training methods
- Sharpen skills in live wrestling and intense drill sessions
- Reinforce good habits and a healthy lifestyle

ST. JOE'S MARAUDER WRESTLING CAMP SPECIAL GUEST CLINICIANS:



Jeff Catrabone

Former Asst. Coach at University at Buffalo & University of Michigan Wrestler

- 3X NCAA Div. 1 All-American • 3X B1G Finalist • Held the Michigan school record for all-time pins with 55
- 2X Pennsylvania State Champion • Vice President of Braendel Painting & Services, Inc



Kellen Devlin

Former North Carolina State University Wrestler

- 3 X NYSPHSAA State Champion • 4X Section VI Sectional Champion • NHSCA Junior National Champion
- Finished high school with a career record of 255-16



Freddie Nixon '17

Former Gannon University Wrestler

- 2X NCAA Division II All-American • NWCA Division II Scholar-American • 4X NCAA Division II National Championship Qualifier • 2017 NY CHSAA State Champion • 2X MMHSAA All-Catholic Champion • Never wrestled before attending St. Joe's



Renaldo Rodriguez-Spencer

Former Grand View University Wrestler

- NAIA National Champion • 2X NAIA All-American • 2X NHSCA National Champion • NYSPHSAA State Champion • Junior National Freestyle Champion & Greco-Roman All-American • 3X USA Wrestling All-American
- Finished high school with a career record of 188-10

