

# **PAL - MAC**

## **Ekstrom**

### **Youth Wrestling Tournament**

Sunday January 23, 2022  
Pal-Mac High School, 151 Hyde Parkway, Palmyra New York

**Entry Fee:** \$30.00 Per Wrestler

**Registration** Register at the door Limited to first 300 wrestlers

**Make Checks Payable to:** Pin-N-Win Club

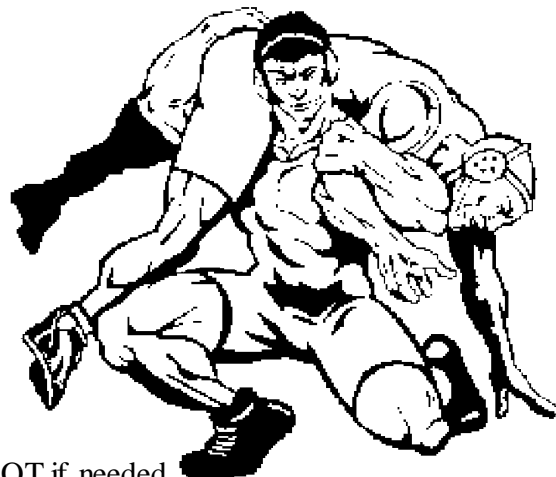
**Spectator Admission:** Adults \$3.00, Kids not wrestling Free

**Round Robin Format:** 3 or 4 man brackets when possible

**No JV or Varsity Experience**

**Divisions:** Ages 5-6, 7-8, 9-10,  
11-12, 13-14  
**Limited to the first 300 participants**

- Weigh Ins 7:30 to 8:30 ages 5-8
- Weigh Ins 7:30-11 ages 9-14
- Wrestling to begin at 9:00



**Bouts:** 1-1-1 :45 Sudden Victory OT Followed by :30 ultimate OT if needed

I understand that wrestling is a sport which involves risk. In consideration of this entry being accepted, I hereby, for my child, waive and release any and all rights and claims for damages I may have against the Finger Lakes Youth Wrestling League Inc Palmyra Macedon Central Schools, and their agents and representatives.

Furthermore, I take responsibility for any and all injuries suffered by my child at said tournament. I understand that my child must be covered by a health/injury insurance policy and by my signature below certify that he/she is covered. I agree to be responsible for any damages caused by my child. I understand that poor sportsmanship and inappropriate behavior will not be tolerated and will be grounds for removal from the tournament without refund.

Email Address \_\_\_\_\_

Parents Signature \_\_\_\_\_

Wrestlers Signature \_\_\_\_\_

Wrestlers Name Printed \_\_\_\_\_ Age \_\_\_\_\_

Weight \_\_\_\_\_

Team/School \_\_\_\_\_ Years Exp. \_\_\_\_\_

For Additional info contact: George Polisse [gpolisse6402@gmail.com](mailto:gpolisse6402@gmail.com) or (585)455-5062