



HFL Youth Wrestling Novice Tournament

Register Novice Wrestlers Only. First 250 Wrestlers accepted. Wrestlers with limited tournament and practice experience will be accepted. We define novice as less than 25 refereed matches.

When: Saturday, January 4th, 2020. Wrestling to begin at 10am

Where: HFL High School-A gym 83 East St, Honeoye Falls, NY 14472

Weigh-Ins: Saturday 7-8:30am. Honor weigh ins, Groups will be set before the tournament. Please weigh your wrestlers and indicate the actual weight on the registration. Please arrive for weight checks between 7 and 8:30am.

Registration: \$25 Registration Fee. For insurance purposes, a NYWAY Individual membership is required. Visit www.nyway.org if necessary. No Walk-Ins- ON-LINE REGISTRATION ONLY

Admission: \$3 admission for adults, spectators under 18 years are free.

Divisions: Madison style pairing will be used where wrestlers will be paired with opponents within 1 year of age and within 10% of their weight.

Rules:

- NYS Modified High School Rules with Certified Referees
- NFHS modified overtime rules. 1min neutral followed by :30 sec ride-out if necessary
- Awards for top 3 place finishers.

Tournament Director: Scott Winseman @ 585-415-8395 swinseman@apluscleaning.com