



2019 Southwestern Youth Wrestling

Novice Tournament

Limited to the first 300 Entries/Headgear is Mandatory

Where: Southwestern Central School District, 600 Hunt Road, Jamestown, NY 14701

Date: Sunday January 20, 2019

Time: Weigh-ins - 7:00—8:00 am, Wrestling begins at 9:00 am

Cost: \$20 per wrestler pre registration (must be received by January 16, 2019)

\$25 for walk-ins.

Make checks payable to: SOUTHWESTERN YOUTH WRESTLING

No refunds (\$35 return check fee)

Mail your registrations to: *Jennifer Wendel, 20 Hern Ave, Lakewood, NY 14750*

Questions can be directed to *southwesternyouthwrestling@gmail.com*

Admission: \$3 Adult, \$1 for children

Awards: Each Participant will receive an award

Rules: 1-1-1 minute periods. Sudden death overtime - 1 minute. NYS folk style rules.

Food will be available at the concession area!

Explanation of Tournament

This is a beginner wrestling tournament to provide match experience to new experience to new wrestlers. Every effort is made to pair the wrestlers to each other's AGE, WEIGHT & EXPERIENCE. Each wrestler will receive a bout sheet that he/she will carry for the day. All wrestlers will wrestle 3 individual matches. If during the matches a wrestler gets pinned within 30 seconds, the official will restart the match in neutral position, (allowing more mat time) and the wrestler who pinned his/her opponent will be awarded the win. When the wrestler has completed his/her 3 matches they will receive an award.

Name: _____ Team: _____ Coach: _____

Address: _____ City: _____ State: _____ ZIP: _____

Phone: _____ DOB : _____ AGE: _____ WEIGHT: _____

In consideration of your acceptance of this entry, I hereby release the Southwestern Youth Wrestling Program and the Southwestern Central School and anyone connected with this tournament from any and all claims or liabilities of rights to damage for any injuries or losses suffered by me directly or indirectly in training for, traveling to and from, and participating in the Southwestern Youth Wrestling Tournament .

Wrestlers Signature: _____ Date: _____

Parent or Guardian Signature: _____ Date: _____