

NYWAY STATES

- When:** March 8th–10th, 2019. Wrestling starts at 8 am on both days
Saturday-Session 1: 8am-12pm (D1, D2, D3, G1, G2 & G3) **Session 2:** 2pm-7pm (D4, D5, D6)
Sunday- Session 1: 8am-12pm (D7, D8, & G4) **Session 2:** 2pm- 7pm (D9 and D10)
- Where:** College at Brockport-SERC Center- 321 New Campus Drive. Brockport, NY 14420
- Weigh-ins:** **Friday night:** 6pm - 9pm, no exceptions. Division's 1 - 6 and G1, G2 & G3. **Skin checks at weigh-ins**
Saturday night: 6:30pm – 8:30pm, no exceptions. Division 7, 8, 9, 10 & G4.
- Eligibility:** **Exemptions** - All wrestlers with 3 varsity matches (forfeits do not count) automatically qualify for the NYWAY State Championships but are highly encouraged to participate in their Regionals. 7th and 8th graders who are varsity wrestlers are also exempt from the regionals **IF** they are wrestling in Division 10. Top 6 place finishers at NYSPHSAA High School State Championships, regardless of grade, will need to compete in Division 10. All wrestlers born in 2000 must still be in high school.

TO BE MAT-SIDE YOU MUST PRESENT YOUR SAFE SPORT TRAINING CARD with a Valid ID AT ADMISSIONS TO RECEIVE YOUR WRIST BAND

Division & Weight classes: **1-pound allowance from regional qualifiers.**

- Girls:** **G1** (2013-2011) **G2** (2010- 2008) **G3** (2007 - 2005) **G4** (2004- 2000)
- D1 (2013):** 38, 41, 45, 50, 56, HWT (Max 65)
D2 (2012): 38, 41, 44, 47, 50, 54, 58, 63, 68, HWT (Max 78)
D3 (2011): 44, 47, 50, 53, 57, 61, 65, 70, 76, 82, HWT (Max 94)
D4 (2010): 50, 53, 56, 59, 63, 67, 71, 75, 80, 86, 93, 101, HWT (Max 115)
D5 (2009): 54, 58, 62, 66, 70, 75, 80, 86, 94, 102, 112, 122, HWT (Max 140)
D6 (2008): 58, 62, 66, 70, 74, 78, 83, 88, 94, 102, 112, 122, 134, HWT (Max 155)
D7 (2007): 65, 70, 75, 80, 85, 90, 96, 102, 110, 120, 130, 142, 155, HWT (Max 175)
D8 (2006): 70, 75, 81, 87, 93, 99, 106, 113, 120, 128, 136, 145, 155, 170, HWT (Max 195)
D9 (2005): 81, 87, 93, 99, 106, 113, 120, 128, 136, 145, 155, 170, 188, 210, HWT (Max 245)
D10 (2004/2000): 99, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, HWT (Max 285)



Registration: **\$40.** Online registration ONLY and payment for those who have qualified at the Regionals. No walk-ins. **Registration Closes on Thursday- March 7th, 2019 @ 10:00 pm! NO EXCEPTIONS!** Varsity wrestlers who auto qualify will need a NYWAY membership to compete. No one day memberships available.

Admissions: **\$15 Adult daily or \$25 weekend pass, \$5 for children over the age of 6. 5U are FREE. Coaches' \$30 daily or \$50 weekend pass (includes gate fee) Coach's passes do not guarantee floor access.** There will only be 2 coaches allowed in the wrestler's corner without exceptions. New venue allows for maximum visibility. **Anyone inside the wrestling area must have NYWAY Safe Sport Training. Valid I.D at admissions with Safe Sport Training card for entrance.**

Hotels: Link to NYWAY approved discounted hotels – **Link on website!**

Awards: Singlets for Champions. Custom 5" NYWAY medals for top 6 placers, 10 Divisional M.O.W fight shorts and Team Championship Trophies for overall top 3 tournament Teams.

Regionals dates and locations:

- Capital:** March 2, 2019 @ South Colonie HS
Central: March 2, 2019 @ South Jefferson HS
Far Western: March 2, 2019 @ Cattaraugus Center
Hudson Valley: March 3, 2019 @ Minisink HS
Long Island: March 3, 2019 @ Hofstra University
Northern: March 3, 2019 @ Malone Central School
Southern Tier: March 3, 2019 @ Tioga Central HS
Western: March 3, 2019 @ Canandaigua Academy

Tournament Directors: Seth Jones (nywaywestern@gmail.com) & Julia Massa (HUDSONVALLEYNYWAY@gmail.com)

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