

# FINGER LAKES



REGIONAL TRAINING CENTER

## FLWC Fall Classic Duals

**Division:** K-6, K-8, Girls

**Venue:** Cornell University, Barton Hall, 117 Statler Dr, Ithaca, NY 14853

**Date:** Saturday, November 23, 2019- Wrestling will start right at 8:00am

**Cost:** \$675/ Team- - \$75 Discount per team if entering 2 teams  
- \$100 Discount per team if entering 3 teams or more

\$250/team Down Payment is due Sept 1st. Full Payment is Due October 20<sup>th</sup>, 2019.

**Admission:** Floor Pass \$15 Adult \$10 Students \$5

**Weigh-ins:** Early Weigh in \$20- November 22nd: 4:00-600pm  
General Weigh ins-November 22nd: 6:30-8:30pm

**Weight Classes:** \*.09 Allowance at the scales\*

K-6: 45,50,55,60,65,70,75,80,85,90,95,105,115,125,135

K-8: 70,75,80,84,88,90,95,100,105,115,125,135,145,160,230

Girls: 52,57,64,70,78,84,90,95,102,110,118,127,135,145,165,225

**Team Awards:** Team Champs get Custom Awards & Top 3 awarded plaques

Team Scoring: 6pt Forfeit, 6pt Fall, 5pt Tech, 4pt Major Dec, 3pt Dec

**Rules:**

K-6 1:00/1:30/1:30 ~ K-8 1:30/1:30/1:30

NYS High School Rules, College Out of Bounds

Girls: 2:00/2:00 (Freesyle Individual Match Scoring) Folkstyle Dual Team Scoring

1. Each Team must provide table help 2. Wrestlers can bump up only 1 weight class

3. Wrestlers can wrestle 2 divisions

**Contact:** Gary Ferro @ [smokinferro@yahoo.com](mailto:smokinferro@yahoo.com) or 607-743-8533

**Payment:** Register your team at TBA. Email your contact info & team name to [smokinferro@yahoo.com](mailto:smokinferro@yahoo.com)

\*All K-8 wrestlers will receive free admission to Cornell vs NC State Match.

**Team Payment link below:**

**TBA**