

## Danbury PAL Middle School Wrestling Duals (k-8)

- When:** Saturday December 7, 2019, wrestling will start promptly at 9:30 am
- Where:** Danbury PAL Center 35 Hayes Town Road, Danbury, CT. 06811  
Directions: <http://www.danburypal.com/directions.html>
- Weigh-in:** Saturday, December 7, 2019: 8:00 AM – 9:00 AM, \*\*No Allowance\*\*  
The dual will run on four mats and fifth mat is available for exhibitions.
- Registration:** The Dual registration is \$400, paid via paypal ([danburywrestling@gmail.com](mailto:danburywrestling@gmail.com)) or a check can be made payable to Danbury PAL. All teams must be paid in full prior to weighing in. Please contact Mike Iaquinto (201) 396-7937 or Jake Muller (203) 770-5908 or email [danburywrestling@gmail.com](mailto:danburywrestling@gmail.com) with questions.
- Format:** Two pools of 4 teams - wrestle all teams in assigned pool. Based on pool record, the semi-finals will be wrestled against the opposite pool. (1 v 2), etc, those winners wrestle for the Championship and the losers wrestle for Third. Tie breaker rules: In the event two teams have the same record in a pool, the first tie breaker is head to head results and in the event three teams have the same record in a pool, total match points earned pool competition will determine the ranking of the three teams.
- The 3<sup>rd</sup> and 4<sup>th</sup> place pool finishers will cross and wrestle against the opposite pool. (3 v 4) (4 v 3), those winners wrestle for 5<sup>th</sup>. Each team will be guaranteed five matches and we will have placement for top eight teams.
- Matches:** All Periods are 90 seconds
- Awards:** Team trophies for 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> place teams.
- Concessions:** Available all day
- Admission:** All spectators over the age of 14 and under the age of 65 will be required to pay \$3.00. (5 coaches\team scorer are free)

### **Weight Classes:**

**55,60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 117, 122, 128, 138, 148, 178.**

***Wrestlers may bump up one weight class from qualified weight class.***