



2018 Plattsburgh Beach Wrestling Tournament  
by Plattsburgh Combat Sports  
Plattsburgh City Beach, 4 Beach Rd, Plattsburgh, NY 12901  
Sat, July 28, 2018  
Event Director: Frank Palumbo (518) 534-5670

### **Qualifications:**

Open to all competitors 5yrs old and up. Wrestlers, Jiu Jitsu fighters, Judo Players, Sumo, Football players, MMA fighters; Anyone who calls themselves and ATHLETE

You may enter more than 1 division (Age group, weight class listed below) for additional fee. You may enter a higher weight class, but not a lower class. You may enter an older age division. However, only Masters may enter a younger division (Open division).

**Entry Fee:** \$20 for 1 division. \$10 for each additional division. Free for Spectators.

### **Divisions:**

Youth 5yrs-10yrs – Will be grouped into pools of 3 or 4 based on weight and/or age.

Modified 11yrs-14yrs – 70lbs, 85, 100, 115, 130, 145, 160, 175, 195, Over 195

Varsity 15yrs-18yrs – 110lbs, 125, 140, 155, 170, 185, 210, Over 210

Open 18yrs-29yrs – 140lbs, 155, 170, 185, 205, Over 205

Masters 30yrs and up - 140lbs, 155, 170, 185, 205, Over 205

Females will be grouped together by age and weight. Females may opt in to Male divisions, as well.

*\*Staff may group together age divisions, gender & weight divisions at our discretion*

Champions in each weight class in **Varsity, Open and Masters** may enter the **Absolute** division and compete against all other champions to determine the Grand Champion! No charge for Absolute division qualifiers.

★ Bring your Gi! Gi top divisions will be arranged based upon interest.

Awards for top 3 in each division.

All divisions will be Round Robbin format.

PRE-REGISTER ONLINE AT <http://www.planetreg.com/pcsbeach>

or Mail form below with check payment to 79 Prospect Ave, Plattsburgh, NY 12901

### **Schedule of Events**

#### **On site Registration, Weigh-ins & Medical skin check:**

**Friday, July 27:** 5pm-6pm at The Cabana Bar, 4 Beach Rd

**Saturday, July 28:** 9am-10am at The Cabana Bar, 4 Beach Rd

ALL WEIGH INS ARE ON-SITE. NO ALLOWANCE, NO EXCEPTIONS.

10:30am Rules meeting and clinic at The Cabana Bar, 4 Beach Rd

10:45am Tournament starts; Youth divisions on Ring 1. Open and Master on Ring 2.

Modified & Varsity on next available Ring.

**DON'T LEAVE!** Because matches tend to finish quickly, we will run your bracket to completion before moving on to the next weight class! You will have at least 5 minutes rest between matches.

**Rules – We will utilize UWW rules**

[https://unitedworldwrestling.org/sites/default/files/media/document/international\\_beach\\_wrestling\\_regulations\\_new\\_a.pdf](https://unitedworldwrestling.org/sites/default/files/media/document/international_beach_wrestling_regulations_new_a.pdf)

- First wrestler to THREE points is declared the winner
- One point for a takedown or pushout, and two points for takedowns with back exposure
- One 3-minute period with no overtime
- Criteria for match tied during regulation: 1. Highest value action 2. Last to score
- Wrestling surface is 7m in diameter.

\*Interpretations of these rules will be discussed at the aforementioned meeting by acting referees

**Athletes are responsible for**

- Registration information and fees
- Attendance to weigh-ins (Schedule above)
- Uniform; Swim trunks, bathing suit, singlet, rash guard & shorts. No footwear. Family friendly. Staff discretion if necessary
- Understanding of the sport and knowledge of rules
- Professional, respectful, sportsmanlike and competitive behavior

What else you'll need - It's a day at the beach!

Towels (you may be asked to towel off if you are excessively sweaty or greasy with lotion)

“Dry” sun screen

Umbrellas

Seating

Food/Water

**NO GLASS ON BEACH**

**TRADING POST**

Bring your apparel for trade! Tshirts, shorts, singlets, rash guards, socks, wrestling sneakers, mma gloves, hats, hoodies, bags! Bring and trade with others!

# Registration Form

Staff Use only	AW# _____
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NAME \_\_\_\_\_

NICK NAME \_\_\_\_\_

AGE \_\_\_\_\_ DOB \_\_\_\_\_

TEAM \_\_\_\_\_ COACH \_\_\_\_\_

CIRCLE DIVISIONS      Up to 2 divisions.      We will put you in a weight class.

Youth 5-10yrs

School Aged 11-14yrs

Varsity 15-18yrs

Open 18-29yrs

Masters 30& up

I HEREBY RELEASE PLATTSBURGH COMBAT SPORTS, PLATTSBURGH CITY RECREATION, THE CITY OF PLATTSBURGH, TOURNAMENT OFFICIALS AND REFEREES OF ANY AND ALL CLAIMS REGARDING AN INJURY OR ILLNESS THAT MAY BE CAUSED IN CONJUNCTION WITH THE PLATTSBURGH BEACH WRESTLING TOURNAMENT. YOU ASSUME ALL RISK AND INJURY.

\_\_\_\_\_  
ATHLETE SIGNATURE      PRINT NAME      DATE

\_\_\_\_\_  
PARENT OR GUARDIAN SIGNATURE      PRINT NAME      DATE