

SUPERIOR FATHER'S DAY **WEEKEND DUALS**

WHAT: K-8 & HS Duals

VENUE: Pal-Mac HS - 151 Hyde Parkway, Palmyra, NY 14522

WHEN: Saturday, June 23, 2018

WEIGH-INS: Friday 6:00-7:30pm & Saturday 7:00-7:45am @ Pal-Mac HS

WRESTLING BEGINS @ 9:00am

COST: \$500/Team

\$100 Deposit due immediately to hold Spot---Full Payment is due by June 10, 2018

Make Payment via <http://www.paypal.com> to superiorwrestling@gmail.com

Or

Send & Make Check Payable to:

Superior Wrestling Academy

142 West Jackson St, Apt 3, Palmyra, NY 14522

ADMISSION: \$5.00 Adults & Students

FREE AGENTS: We can place wrestlers on a team. Please E-mail Wrestlers Name, Weight, Grade & Contact info smokinferro@yahoo.com You will then receive an e-mail with team & dual info

WEIGHT CLASSES: NO WEIGHT ALLOWANCE - STRICT WEIGH INS

K-8: 48, 53, 58, 63, 68, 73, 78, 83, 88, 95, 100, 108, 115, 125, 135, 155, Unl

HS: 99, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285

MATCHES: MS 1:15-1:15-1:15 HS 1:30-1:30-1:30

NYS H.S. Rules & NYS Certified Refs

AWARDS: Winning Team gets Custom Awards

TEAM SCORING: 6pts forfeit, 6pts fall, 5pts tech fall, 4pts major, 3pts dec

Teams are required to provide 1 Table Helper (Free Admission)

2 Coaches per Team get Free Admission (E-mail coaches names)

For More Information Contact:

Gary Ferro 607-743-8533 smokinferro@yahoo.com