

# NY-USA Wrestling “Long Beach Alumni” Nassau County Youth Championships



## Nassau County Residents Only For the 2017 NYS Southern Super Regional

Top 6 place winners in each weight class will earn ALL COUNTY HONORS and will be given awards.  
Entry in this event will qualify Wrestlers for the 2017 NYS Southern Super Regional  
@ Bay Shore High School 155 Third Ave Bay Shore, NY 11706

**Event Date: Saturday, February 18, 2017**

**Tournament Location: Long Beach HS**

Long Beach High School, 322 Lagoon Dr. West, Lido Beach, New York 11561

### General Information:

**Online Registration ONLY (go to [www.wrestlereg.com](http://www.wrestlereg.com))**

**Entry fee** - \$40.00 (Does NOT Include \$2 Online Registration Fee) NO REFUNDS & NO WALK-INS

**Registration Deadline: Wednesday February 15, 2017 @ 10pm**

**Bantam & Schoolboy:** Wrestling Begins At 7:30am

**Novice & Intermediate:** Wrestling Begins At 11:30am

Valid USA Wrestling Card required for all Coaches and Wrestlers.

NYS Super Southern Regional will be held on Saturday March 4th & Sunday March 5th  
@ Bay Shore High School, 155 Third Ave Bay Shore, NY 11706

- Headgear, Singlets or gym shorts, wrestling shoes or sneakers required.

Age Group	Weight Class	Match Length
Bantam Born 2009-2010	40, 45, 50, 55, 60, 65, 70, 75, 75+ (15 lbs. Maximum Difference)	Championship and Consolation: 3 one-minute periods
Intermediate Born 2007-2008	50, 55, 60, 65, 70, 75, 80, 87, 95, 103, 112, 120, 120+ (20 lbs. Maximum Difference)	Championship and Consolation: 3 one-minute periods
Novice Born 2005-2006	60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 120, 130, 140, 140+ (25 lbs. Maximum Difference)	Champ: 1 – 1½ - 1½ min Consolation: 3 one-minute periods
Schoolboy Born 2003-2004	70, 77, 84, 91, 98, 105, 112, 120, 128, 136, 144, 152, 160, 175, 190, 210, 265	Champ: 1 – 1½ - 1½ min Consolation: 3 one-minute periods

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**Note 1: Overtime will follow current High School Rules. The first Overtime period will be 1 minute sudden victory. If necessary (2) :30 second periods. If necessary (1) :30 second ultimate ride out, choice determined by 1st point scored or disk flip if no score.**

**Note 2: Age group is determined by Year of Birth (for example - if you were born in 2005-2006, you are considered in the Novice Age Group).**

**Each wrestler may have up to a maximum of two USA Wrestling Certified Coaches holding a current USA Wrestling Coaching Card at mat side. No Parents will be allowed mat side unless they meet the above coaching criteria. Coaches must remain in the corner at all times and HS rules governing interaction between coaches and officials will be strictly enforced. No exceptions. Anyone not abiding by these rules will be ejected from the event.**

**WEIGH-INS:** Will take place at Long Beach High School, 322 Lagoon Dr. West, Lido Beach, New York 11561. Weigh-ins will take place between 3pm – 10pm on Thursday February 16<sup>th</sup> and Friday February 17<sup>th</sup> 2017.

## **WAIVER &**

**REGISTRATION:** Medical participation waiver must be completed as part of the online registration. Information required for registration & the waiver can be found online.

**ADMISSION:** \$5 Adults, \$3 Children. Parental supervision of children required at all times. Concession stand will be open during the tournament. There will be event t-shirts for sale. No food or drinks allowed in the gym.

**CONTACT:** Tournament Director John Anfossi at – 516-476-7023 or [JohnAnfossi@msn.com](mailto:JohnAnfossi@msn.com)