

2017 NYWAY HUDSON VALLEY REGIONAL

When: Sunday- March 5th, 2017
Where: Minisink Middle School- 2320 Route 6, Slate Hill NY
Weigh-ins: March 4th, 2017 ONLY Location: Minisink Middle School, Time: 6PM - 8PM
Satellite Weigh-ins @ Iowa Style Wrestling- 245 Route 100. Somers, NY 10589
Saturday- March 4th from 6-8pm.

Brackets to be finalized at 8:00 am, wrestling will begin at 8:30 AM

Registration: \$25 and limited to current NYWAY Members. No day passes available. **Online Registration only** - closes 11:59 pm on March 3rd, 2017.

NYWAY Memberships can be purchased @ www.NYWAY.org

Admission: \$3 for Adults, \$1 for children over the age of 6. 5 & under are **FREE**.

NYWAY Regional Divisions & Weights on 4 full mats:

D1 (2010 & Under): 37, 40, 43, 46, 50, 55, 60, 65, 72, 79, HWT (Max 90)

D2 (2009/2008): 43, 47, 51, 55, 60, 65, 70, 75, 82, 90, 98, 108, HWT (Max 120)

D3 (2007/2006): 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 105, 115, 125, HWT (Max 145)

D4 (2005/2004): 60, 65, 70, 75, 80, 85, 90, 98, 105, 113, 121, 130, 140, 155, HWT (Max 175)

D5 (2003/2002): 81, 87, 93, 99, 105, 111, 118, 125, 132, 139, 146, 153, 160, 170, 185, HWT (Max 220)

D6 (2001 - 1998): Wrestlers will be paired using the Madison Style Pairing System at the Regional Tournament, but HS weight classes will be used at the State Tournament.



Tournament Director: Julia Massa. Contact via email- HUDSONVALLEYNYWAY@gmail.com

EXEMPTIONS - All D6 (2001- 1998) varsity wrestlers automatically qualify for the NYWAY State Championships but are highly encouraged to participate in the Regionals. D5 (2003 - 2002), and D4 (2005 - 2004) varsity wrestlers are also exempt from the regionals **IF** they place top 6 at NYSPHSAA High School State Championships otherwise will need to compete at the Regional and in their age group to qualify for the NYWAY State Championships. A D4/D5 wrestler who meets the said exceptions is also allowed to bump up a division. This is an aged based tournament. At the NYWAY Nationals; wrestlers will only be allowed to compete in their respective age group/division. **Varsity wrestlers must have a recorded resulted match to qualify for a varsity wrestler. Forfeits are not recorded matches.**

2017 Regional Rules: Follow live at www.trackwrestling.com

- ✓ All divisions are determined by birth year.
- ✓ NYS Modified High School Rules with NYS Certified Referees.
- ✓ NFHS overtime rules apply. Headgear is highly encouraged.
- ✓ Period lengths - Divisions 1, 2, & 3 (1-1-1) Divisions 4, 5, & 6 (1:30, 1:30, 1:30)
- ✓ Top 4 in each weight class qualify for the NYWAY Championships on March 18th and 19th at SRC Arena @ Onondaga Community College and **MUST** compete at same weight class at the NYWAY States. 4 full mats will be utilized.
- ✓ Welcome to all wrestlers who attend school in the Hudson Valley Region boundaries. Sec 1 & 9.
- ✓ Weight classes with 5 or fewer wrestlers will wrestle in a round robin format. Weight classes' will not be combined. This is a NYWAY State Championship qualifier.
- ✓ **No weight allowance** and must weigh in a singlet.
- ✓ If wrestlers do not make the weight they are registered in, they will be moved to the next weight class up, and **must** compete at the same weight in the NYWAY State Championships.

