

NYWAY SOUTHERN TIER REGIONAL



When: Sunday, March 6th, 2016, Doors Open at 7am, start time 9am*

Where: Tioga Central Schools, 27 Fifth Ave., Tioga Center, NY 13845

Weigh-ins: Saturday, March 5, 4-6 PM, **Whitney Point HS** Wrestling Room

Saturday, March 5, 6-8 PM, **Tioga Center HS** Locker Room

Sunday, March 6th, 7-7:45 AM, **Tioga Center HS** Locker Room

***Brackets to be finalized at 8:30am, pending bracket adjustments, wrestling will begin at 9 AM**

Wrestlers MUST weigh-in in a singlet

Registration: \$25 and limited to current NYWAY members.

Online Registration Only – closes 11:59 pm on Friday, March 4th, 2016

NYWAY Memberships can be purchased at www.nyway.org.

Admission: \$3 for Adults, \$1 for children over the age of 5. 5 & under and senior citizens are FREE.

Divisions & Weights:

D1 (2009&Under): 37, 40, 43, 46, 50, 55, 60, 65, 72, 79, HWT (Max 90)

D2 (2007/2008): 43, 47, 51, 55, 60, 65, 70, 75, 82, 90, 98, 108, HWT (Max 120)

D3 (2005/2006): 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 105, 115, 125, HWT (Max 145)

D4 (2003/2004): 60, 65, 70, 75, 80, 85, 90, 98, 105, 113, 121, 130, 140, 155, HWT (Max 175)

D5 (2001/2002): 81, 87, 93, 99, 105, 111, 118, 125, 132, 139, 146, 153, 160, 170, 185, HWT (Max 220)

D6*(2000-1997): Wrestlers will be paired using the Madison Style Pairing System at the Regional Tournament, but HS weight classes will be used at the State Tournament.

*Wrestlers born in 2000 must compete in this group at Regional and State regardless of their grade level.

***EXEMPTIONS – Varsity Wrestlers automatically qualify for the NYWAY state Tournament in Syracuse, NY, March 12th and 13th, 2016. But are still encouraged to participate in their regional Tournaments. The \$17 NYWAY Membership is required for all wrestlers at the Regional and State Tournaments.**

Rules:

- All Divisions are determined by birth year.
- NYS Modified High School Rules with NYS Certified Referees.
- NFHS overtime Rules apply. Headgear is highly encouraged.
- Period lengths- Divisions 1, 2, &3 (1-1-1) Divisions 4, 5, & 6 (1:30, 1:30, 1:30)
- Top 4 in each weight class qualify for the NYWAY Championships on March 12th and 13th at SRC Arena, Onondaga Community College, Syracuse, NY and **MUST** compete at same weight class at the NYWAY states
- Welcome to all wrestlers residing within Regional boundaries: **Residents of NYS Section Four School districts.**
- Weight classes with 5 or fewer wrestlers will wrestle in a round robin format
- **No weight allowance** and must weigh in a singlet.
- If wrestlers do not make the weight they are registered in, they will be moved to the next weight class up, and must compete at the same weight in the NYWAY State Championships, March 12th and 13th.
- Tournament Director- Ryan Macwhinnie, ryanmacwhinnie@gmail.com Chris Rosa, chrsrosa@yahoo.com

Northern Regional Director: Bill McNeil, bmacneil@wpcsd.org



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