

NFWC POWERCATS
22nd ANNUAL WINSPIRATIONAL
TOURNAMENT

March 28th, 2015

J.V. and Varsity Wrestlers Welcome

These wrestlers cannot be used for team points

Up To 6-Man Round Robins

Weigh –In's:

March 27, 2015 6:30-8:00 p.m. (Fri)

March 28, 2015 7:00-8:30 a.m. (Sat)

Registration \$20.00 (Must have a valid USA Card)

Pre-Registration Tournament

1st -3rd place Individual Awards

Team Trophies: 1st, 2nd & 3rd places

We are guests of Niagara Falls High School and all rules must be followed.

Anyone not following the rules will be asked to leave the tournament.

- **There will be NO SMOKING on school grounds**
- **NO FOOD will be allowed outside of the cafeteria**
- **No Coolers will be allowed in the gym**
- **All children must be supervised at all times**
- **No running or horseplay in the halls**

For more information call:

Willie McDougald 716-440-9128

Bryan Haseley 716-818-5746

Thomas Crumpler 716-550-1522

Admission: \$2 adults \$1 students (5 & under free)

Tournament will be held at:

Niagara Falls High School

4455 Porter Road

Niagara Falls, NY 14305

*** **OHIO TOURNAMENT OF CHAMPIONS and GENE MILLS QUALIFIER** ***

YOUTH 6&UNDER	40,45,50,55,60	2009 and Later
BANTAM 7&8	40,45,50,55,60,65,70,80,100	2007-2008
MIDGET 9&10	50,55,60,65,70,75,80,85,90,100,110, 120	2005-2006
JUNIOR 11&12	60,65,70,75,80,85,90,95,100,110,120,130,140	2003-2004
SCHOOLBOY 13&14	80,85,90,95,100,110,115,120,130,140,150,160,180	2001-2002
HIGH SCHOOL	100,110,120,130,140,150,160,180,210,HWT (285MAX)	1999-2000

Tournament director reserves right to combine weight classes

This event is sanctioned by USA Wrestling.

- All participants must have a current USA Wrestling membership.
- USA Wrestling membership is not included as part of the entry fee to the event.
- USA Wrestling membership must be obtained before the competition begins. Visit www.themat.com/membership to obtain membership.

WEIGH-INS: Fri Mar 27th 6:30-8:00 pm and Saturday March 28th, 2015 7:00 AM - 8:30AM

- *If you don't make weight, you can not wrestle* **WRESTLING WILL BEGIN ABOUT 9:30 AM**

RULES: Collegiate Rules (Folkstyle)
BOUT LENGTH 1-1-1 min periods for Y, B, M, J
 2-1-1 min. periods for SB,HS
 Overtime—1 Minute Sudden Victory, 30 Second Criteria (if needed)

**Pre-Registration due by:
 March 20, 2015**

Mail registrations to: Willie McDougald Make checks payable to: **NFWC**
 2756 Livingston Ave
 N.F. NY 14303

WEIGHT _____ BRACKET _____

CLUB/SCHOOL NAME _____ AAU _____

WRESTLERS NAME _____ DATE OF BIRTH _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____ PHONE # _____

I understand that NFWC nor Niagara Falls High School is not responsible or liable for any injury accidental or otherwise. NFWC nor Niagara Falls High School is not responsible for any items lost or stolen.
 Parent Signature _____ Date _____