

**NFWC POWERCATS**  
**23rd ANNUAL WINSPIRATIONAL**  
**TOURNAMENT**

**March 19<sup>th</sup>, 2016**

**J.V. and Varsity Wrestlers Welcome**

These wrestlers cannot be used for team points

**Up To 6-Man Round Robins**

**Weigh –In's:**

**March 18, 2016 6:30-8:00 p.m. (Fri)**

**March 19, 2016 7:00-8:00 a.m. (Sat)**

**Registration \$20.00 -\$25.00 for NYWAY and Non USA  
members Note: All Ins welcome \$30.00 for walk-ins**

**Pre-Registration Tournament**

**1<sup>st</sup> -3<sup>rd</sup> place Individual Awards**

**Team Trophies: 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> places**

**We are guests of Niagara Falls High School and all rules must be followed.**

**Anyone not following the rules will be asked to leave the tournament.**

- **There will be NO SMOKING on school grounds**
- **NO FOOD will be allowed outside of the cafeteria**
- **No Coolers will be allowed in the gym**
- **All children must be supervised at all times**
- **No running or horseplay in the halls**

**For more information call:**

**Willie McDougald 716-534-9967**

**Amarifo Reynolds 716-579-4933**

**Thomas Crumpler 716-550-1522**

**Admission: \$2 adults \$1 students (5 & under free)**

**Tournament will be held at:**

**Niagara Falls High School**

**4455 Porter Road**

**Niagara Falls, NY 14305**

\*\*\* **OHIO TOURNAMENT OF CHAMPIONS and GENE MILLS QUALIFIER** \*\*\*

YOUTH FEATHER	40,45,50,55,60	2009 and Later
BANTAM	40,45,50,55,60,65,70,80,100	2007-2008
MIDGET	50,55,60,65,70,75,80,85,90,100,110, 120	2005-2006
JUNIOR	60,65,70,75,80,85,90,95,100,110,120,130,140	2003-2004
SCHOOLBOY	<b>80,85,90,95,100,110,115,120,130,140,150,160,180</b>	<b>2001-2002</b>
HIGH SCHOOL	<b>100,110,120,130,140,150,160,180,210,HWT (285MAX)</b>	<b>1999-2000</b>

**Tournament director reserves right to combine weight classes**

• NYWAY and Non USA members will pay additional fee of 5.00 dollars (25.00)

- **All Walk-ins will pay \$30.00**

**WEIGH-INS: Fri Mar 18<sup>th</sup> 6:30-8:00 pm and Saturday March 19<sup>th</sup>, 2016 7:00 AM - 8:00AM**

- *If you don't make weight, you can not wrestle* **WRESTLING WILL BEGIN ABOUT 10:00 AM**

**RULES:** Collegiate Rules (Folkstyle)

**BOUT LENGTH** 1-1-1 min periods for Y, B, M, J

2-1-1 min. periods for SB,HS

Overtime—1 Minute Sudden Victory, 30 Second Criteria (if needed)

**Pre-Registration due by:**

**March 12th, 2016**

Mail registrations to: Morgan Goldsmith  
2756 Livingston Ave  
N.F. NY 14303

Make checks payable to: **NFWC**

WEIGHT \_\_\_\_\_ BRACKET \_\_\_\_\_

CLUB/SCHOOL NAME \_\_\_\_\_ USA# \_\_\_\_\_

WRESTLERS NAME \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_ PHONE # \_\_\_\_\_

I understand that NFWC nor Niagara Falls High School is not responsible or liable for any injury accidental or otherwise. NFWC nor Niagara Falls High School is not responsible for any items lost or stolen.

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_