

NYWAY KICKOFF DUALS

When: Saturday December 3rd, 2016
Where: Pinnacle Athletic Campus 748 Phillips Rd, Victor, NY 14564.
Start time: 9:30am with doors opening at 7am
Cost: **FREE.** This is the 5th annual NYWAY Boys K-8th grade and Girls 14U Dual Meet Regional Tournament.

Weighins: Friday, December 2nd at Pinnacle Athletic Campus from 7pm- 9pm and also on Saturday from 7am - 7:45am. No outside food will be allowed. This is a venue specific policy. Weight will be good for the G2 Winter Classic on Sunday, December 4th, 2016.

There is no weight allowance

Weights: Boys & Girls: 45, 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 100, 110, 120, HWT(135)

Format: This is a grade based dual meet tournament; teams will be selected to represent each of the 8 and 4 girls combined NYWAY Regions. Trackwrestling will be utilized for pool pairing and matside with 4 matches guaranteed.

Eligibility: Athletes who are current NYWAY members and are in K-8th grade. Wrestlers must reside in the Region that they are representing. Teams will not be allowed to borrow wrestlers from other regions. In the event that wrestler eligibility is challenged the wrestler's parents must provide proof of residence. No JV or Varsity experience for boys duals and girls are 14U.

Teams: Each of the 8 Regional Directors will determine how their regional teams are selected. If you have any question on regional participation please contact your Regional Director. Information is listed on www.nyway.com

Admissions: \$5 for Adults, \$1 for children over the age of 6. 5 & under are FREE.

Each Regional team will allowed 3 alternates and exhibition will be completed at the end of the dual as long they don't hold up the next round of wrestling. Wrestlers must make weight in order to wrestle. NO WEIGHT ALLOWANCE. Wresters must make weight for the dual and that weight will be allowed for the individual tournament.

Rules: N.Y.S Modified high school rules. Wrestlers are allowed to bump only one weight class. Period lengths will be 90:60:60 for all duals with NFHS modified overtime rules in affect.

Hotel information: Link available soon on www.nyway.com

