

2016 NYWAY CENTRAL REGIONALS

****HOSTED BY
SOUTH JEFFERSON
SPARTAN
WRESTLING****



WHEN:

Saturday, March 5, 2016. THIS IS A SPLIT SESSION TOURNAMENT.

Session 1 includes D1, D2, and D5: Wrestling starts ASAP after weigh-ins complete.

Session 2 includes D3, D4, and D6: Be ready to begin around 12:30pm.

Doors open @ 6:45am. Session 1 weigh-ins for D1, D2 & D5: 7 – 8am.

Session 2 weigh-ins for D3, D4 & D6: 10 – 11am. (*Session 2 wrestlers may also weigh-in during morning weigh-ins.*)

WHERE:

South Jefferson Middle School: 11060 US Route 11, Adams, NY 13605.

*Use the parking lot on the north side of the school for the ease of access.

REGISTRATION:

\$25.00. ONLINE Pre-Registration ONLY. Go to www.nyway.org. OR go to the 'Calendar' tab at nyway.org and register by going to March 5 & clicking the registration link for Central Region Championship and State Qualifier. There are NO WALK-INS and NO REFUNDS. **REGISTRATION ENDS AT 11:59PM, ON THURS., MAR 3, 2016.**

DIVISIONS & WEIGHT CLASSES:

*****This is a championship tournament. All weigh-ins will be to the .0 with no allowance. Please plan accordingly.*****

D1(2009under):	37, 40, 43, 46, 50, 55, 60, 65, 72, 79, HWT (Max 90.0)
D2(2008/2007):	43, 47, 51, 55, 60, 65, 70, 75, 82, 90, 98, 108, HWT (Max 120.0)
D3(2006/2005):	50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 105, 115, 125, HWT (Max 145.0)
D4(2004/2003):	60, 65, 70, 75, 80, 85, 90, 98, 105, 113, 121, 130, 140, 155, HWT (Max 175.0)
D5(2002/2001):	81, 87, 93, 99, 105, 111, 118, 125, 132, 139, 146, 153, 160, 170, 185, HWT (Max 220.0)
D6(2000-1997):	Wrestlers will be paired using the Madison Style Pairing System at the Regional Tournament, but HS weight classes will be used at the State Tournament.

*Wrestlers born in 2000 must compete in this group at Regional and State regardless of their grade level.

***EXEMPTIONS- Varsity Wrestlers automatically qualify for the NYWAY State Tournament on March 12th and 13th in Syracuse, NY but are still encouraged to participate in their Regional Tournaments. The \$17 NYWAY Membership is required for all wrestlers at the Regional and State Tournaments.**

ADMISSION:

\$3 for Adults, \$1 for School Age Children. 5 & Under Free.

CONCESSIONS:

Provided by South Jeff Spartan Wrestling Club. *Please eat & drink here to support youth wrestling!*

AWARDS:

1st – 4th: Medals, T-Shirts & Qualify for States. Wall Chart for Champions.

RULES:

REGISTER FOR STATES ONLINE @ www.nyway.org. (\$30).

TEAM AWARDS for top 3 Teams. No combining of schools or clubs for team trophies.

- SJ Spartan Wrestling Club is hosting this tournament & it will be run traditionally on paper, after online registrations.
- No weight allowance. All weigh-ins will be to the .0 of the weight class. *Brackets will be completed the night before.* This is a championship tournament. It is your responsibility to make sure your wrestler or your team members are registered for the correct weight class prior to the close of registration. No REFUNDS.
- Team competition for any 10 wrestlers from one team. To participate in the team competitions, teams must be paid current on www.nyway.org and the team members listed with that club online. Team Awards TBA.
- All divisions are determined by birth year except where exceptions are noted. Wrestlers are only eligible for one age division & weight class.
- NYS Mod. HS Rules with NYS Certified Referees. NFHS overtime rules apply. Headgear is encouraged.
- Period Lengths – Divisions 1, 2 & 3 (1-1-1) Divisions 4,5 & 6 (1:30, 1:30, 1:30).
- Top 4 in each weight class qualify for ***the NYWAY Championships March 11-13 at The SRC Arena, Onondaga Community College in Syracuse, NY.***
- Welcome to all wrestlers residing and attending schools within **Section 3 boundaries.**
- *Wrestlers must weigh-in in a singlet.* For new wrestlers and parents, please plan ahead and only register your wrestler for an appropriate weight that will not be stressful to make. Weigh-ins are only stressful if your wrestler hasn't properly planned ahead.
- South Jefferson School District is a tobacco free environment. This includes smokeless tobacco.

TOURNAMENT DIRECTOR:

Steve Kealy: skealy1@frontier.com

CENTRAL REGION DIRECTOR:

Melissa Cutrie: central@nyway.org

