



Location: The College at Brockport
350 New Campus Drive,
Brockport, NY 14420

Date: July 2nd, 2016

Age Groups:

K-6th: 45,50,55,60,65,70,75,80,85,90,95,100,105,110,115,HWT (160 max)

MS (6th-8th): 70,75,80,85,90,95,100,105,110,115,120,130,140,155, HWT (200 max)

HS (8th-12th) 102,108,115,122,128,134,140,147,154,162,172,184,198,250,

Weigh-ins: Friday 6:00-8:00pm & Saturday 7:00-7:45am @ Brockport College

WRESTLING BEGINS: 8:30-9:00am

Cost: \$625/Team – \$150 Deposit due ASAP to Hold Spot----- Full Payment is due by June 17, 2016

Admission: \$10 for adults \$5 for Children 15 and Under

Matches: MS 1-1-1 HS 1:00-1:30-1:30 NYS H.S. Rule

Team Scoring: 6pt Forfeit, 6pt Fall, 5pt Tech, 4pt Major Dec & 3pt Dec

Rules:

1. Each team must provide table help
2. Allowed to bump up 1 weight class
3. Wrestlers can only wrestle for 1 team
4. Coaches Meeting at 8:00am

AWARDS: Champs Receive Custom Awards TBA

TEAM AWARDS: 1st - 3rd Place Custom Plaques for each Division

Payment: Make Checks/Money Order payable to Finger Lakes Wrestling Club

Mail Payment to: Friedman Wrestling Center
610 Campus Road
Ithaca, New York 14892

For more information please contact Eric Hughes at: erichughes0667@gmail.com

Send all rosters and questions to Gary Ferro at: smokinferro@yahoo.com 607-743-8533

To get on a Free Agent list please send email with Name, Weight, Grade to email listed above

