

2015 NYWAY CENTRAL REGIONALS



WHEN: Saturday, March 7, 2015. THIS IS A SPLIT SESSION TOURNAMENT.

Session 1 includes D1, D2, and D5: Wrestling starts ASAP after weigh-ins complete.

Session 2 includes D3, D4, and D6: Be ready to begin around 12:30pm.

Doors open @ 6:45am. Session 1 weigh-ins for D1, D2 & D5: 7 – 8am.

Session 2 weigh-ins for D3, D4 & D6: 10 – 11am. (Session 2 wrestlers may also weigh-in during morning weigh-ins.)

WHERE: South Jefferson Middle School: 11060 US Route 11, Adams, NY 13605.

*Use the parking lot on the north side of the school for the ease of access.

REGISTRATION: \$25.00. ONLINE Pre-Registration ONLY. Go to www.nyway.org. OR go to the 'Calendar' tab at nyway.org and register by going to March 7 & clicking the registration link for Central Region Championship and State Qualifier. There are NO WALK-INS and NO REFUNDS. **REGISTRATION ENDS AT 11:59PM, ON THURS., MAR 5, 2015.**

DIVISIONS & WEIGHT CLASSES:

****This is a championship tournament. All weigh-ins will be to the .0 with no allowance. Please plan accordingly.****

D1 (2009/2008):	37, 40, 43, 46, 50, 55, 60, 65, 72, 79, HWT (Max 90.0)
D2 (2007/2006):	43, 47, 51, 55, 60, 65, 70, 75, 82, 90, 98, 108, HWT (Max 120.0)
D3 (2005/2004):	50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 105, 115, 125, HWT (Max 145.0)
D4 (2003/2002):	60, 65, 70, 75, 80, 85, 90, 98, 105, 113, 121, 130, 140, 155, HWT (Max 175.0)
D5 (2001/2000):	81, 87, 93, 99, 105, 111, 118, 125, 132, 139, 146, 153, 160, 170, 185, HWT (Max 220.0)
D6 (1999-1996):	Madison Style Pairing for this Division. Must make weight entered during registration.

*Wrestlers born in 99 must compete in this group at Regional and State regardless of their grade level.

***EXEMPTIONS- All Division 6 wrestlers are encouraged to get more mat time however, they automatically qualify for NYWAY State Championships on March 14th and 15th at Ithaca College, regardless of placement at Regionals.**

D6 WRESTLERS WILL COMPETE IN REGULAR HS WEIGHT CLASSES @ NYWAY STATES

ADMISSION: \$3 for Adults, \$1 for School Age Children. 5 & Under Free.

FOOD & BEV: Provided by South Jefferson Spartan Wrestling Club.

AWARDS: 1st – 4th: Medals, T-Shirts & Qualify for States. Wall Chart for Champions.
REGISTER FOR STATES ONLINE @ www.nyway.org. (\$30).
TEAM AWARDS for top 3 Teams. No combining of schools or clubs for team trophies.

RULES:

- SJ Spartan Wrestling Club is hosting this tournament & it will be run traditionally on paper, after online registrations.
- No weight allowance. All weighins will be to the .0 of the weight class. *Brackets will be completed the night before.* This is a championship tournament. It is your responsibility to make sure your wrestler or your team members are registered for the correct weight class prior to the close of registration. No REFUNDS.
- Team competition for any 10 wrestlers from one team. To participate in the team competitions, teams must be paid current on www.nyway.org and the team members listed with that club online. Team Awards TBA.
- South Jefferson School District is a tobacco free environment. This includes smokeless tobacco.
- All divisions are determined by birth year except where exceptions are noted. Wrestlers are only eligible for one age division & weight class.
- NYS Mod. HS Rules with NYS Certified Referees. NFHS overtime rules apply. Headgear is encouraged.
- Period Lengths – Divisions 1, 2 & 3 (1-1-1) Divisions 4,5 & 6 (1:30, 1:30, 1:30).
- Top 4 in each weight class qualify for the NYWAY Championships on March 14 & 15 at Ithaca College.
- Welcome to all wrestlers residing and attending schools within Section 3 boundaries.
- Wrestlers must weigh-in in a singlet. For new wrestlers and parents, please plan ahead and only register your wrestler for an appropriate weight that will not be stressful to make. Weigh-ins are only stressful if you haven't properly planned ahead.

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