

NYWAY WESTERN REGIONAL

Where: Hilton High School, 400 East Avenue Hilton, NY 14468
When: Sunday March 8th, 2015. Doors open at 7am, start time 9:00am*
Weigh-ins: **Saturday March 7, from 9am – 10:30am.** Wrestlers weigh-in in a singlet.



- ✓ Avon High School - 245 Clinton Street, Avon, NY 14414.
- ✓ Penfield High School - 25 High School Drive, Penfield, NY 14526. (Gym in back)
- ✓ Canandaigua High School - 435 East Street, Canandaigua, NY 14424.
- ✓ G2 Wrestling Academy - 1555 Lyell Avenue Suite 137 Rochester, NY 14468
- ✓ Pal-Mac High School - 151 Hyde Parkway, Palmyra, NY 14522.

Sunday, March 8, 7 – 7:45 AM, Hilton HS Locker Room

**Brackets to be finalized at 8:30am, pending bracket adjustments, wrestling will begin at 9:00 AM*

Registration: \$25 and limited to current NYWAY Members.

Online Registration only - closes 11:59 pm on Friday, March 6th, 2015
NYWAY Memberships can be purchased at www.nyway.org. (\$17 fee)

Admission: \$3 for Adults, \$1 for children. 5 & under and are free.

Divisions & Weights:

- D1** (2009/2008): 37, 40, 43, 46, 50, 55, 60, 65, 72, 79, HWT (Max 90)
D2 (2007/2006): 43, 47, 51, 55, 60, 65, 70, 75, 82, 90, 98, 108, HWT (Max 120)
D3 (2005/2004): 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 105, 115, 125, HWT (Max 145)
D4 (2003/2002): 60, 65, 70, 75, 80, 85, 90, 98, 105, 113, 121, 130, 140, 155, HWT (Max 175)
D5 (2001/2000): 81, 87, 93, 99, 105, 111, 118, 125, 132, 139, 146, 153, 160, 170, 185, HWT (Max 220)
D6 (1999 – 1996): JV/Varsity Wrestlers automatically qualify for the NYWAY State Tournament in Ithaca, NY, March 14th and 15th, 2015. HS weight classes will be used at NYWAY States but are still encouraged to participate (D5 only) in the Regional Tournament.



Schedule: Split session. Divisions 1, 2, & 5 start at 9:30am and Divisions 3 & 4 start at 1pm

Rules: **Hilton Central School District is a smoke free campus.**

- ✓ All divisions are determined by birth year.
- ✓ NYS Modified High School Rules with NYS Certified Referees.
- ✓ NFHS overtime rules apply. Headgear is highly encouraged.
- ✓ Period lengths - Divisions 1, 2, & 3 (1-1-1) Divisions 4 & 5 (1:30, 1:30, 1:30)
- ✓ Top 4 in each weight class qualify for the NYWAY Championships on March 14th and 15th at Ithaca College, Ithaca, NY and MUST compete at same weight class at the NYWAY States
- ✓ Welcome to all wrestlers residing within Western Regional boundaries:
Monroe, Wayne, Ontario, Livingston, Yates, Seneca, Steuben, Genesee, Wyoming, Allegany, Schuyler
- ✓ Weight classes with 5 or fewer wrestlers will wrestle in a round robin format
- ✓ **No weight allowance** and must weigh in a singlet.
- ✓ If wrestlers do not make the weight they are registered in, they will be moved to the next weight class up, and must compete at the same weight in the NYWAY State Championships.
- ✓ Tournament Director - Adam Burgos adamburgos@g2wrestling.com



TRACKWRESTLING

www.nyway.org

