



SUPERIOR WINTER DUALS

WHAT: K-8 Dual - CHAMPIONS GET CUSTOM SINGLETS!!!

VENUE: Lyons Community Center – 1 Manhattan Ave, Lyons, NY

WHEN: Saturday, January 10, 2015 – Wrestling Begins at 8:30am Sharp

COST: \$625 per team – \$200 Deposit Due By Nov 7, 2014----- Full Payment is due by December 12th

ADMISSION: \$5.00 Adult \$2.00 Children - 2 Coaches Per Team Get Free Entry

Grade & AGE: K-8th Any Age

WEIGH INS:

Friday: Jan 09th 6:00-8:00pm @ Lyons Community Center

Saturday: Jan 10th 7:00– 7:45am @ Lyons Community Center

WEIGHT CLASSES: No Weight Allowance

K-8 - 50, 55, 62, 66, 72, 76, 82, 86, 90, 95, 100, 107, 115, 123, 130, 140, 165 + 4 Alternates

MATCHES: Three – 1 minute periods, NYS H.S. Rules & College out of bounds

TEAM AWARDS: 1st Place - Championship Sublimated Singlets & Hoodies for Coaches & Custom Awards for Top 3 Teams

TEAM SCORING: HS Team Scoring - 6pt forfeit, 6pt fall, 5pt tech fall, 4pt major dec, 3pt dec

RULES:

1. Each Team Is Required To Provide Their Own Table Help
2. Wrestlers are aloud to bump up only 1 weight class
3. Wrestler's can wrestle for only 1 team. If a wrestler does not make weight he/she will be allowed to wrestle but forfeit pts will be awarded to opposing team
4. There will be a Coaches Meeting prior to Duals Approx. 8:00am

MEALS: Served all day

VENDOR: Will be on site with plenty of Wrestling Gear

PAYMENTS CAN BE PAID WWW.PAYPAL.COM BY USING THE E-MAIL kdefisher@rochester.rr.com

SEND & MAKE CHECKS PAYABLE TO:

Superior Wrestling Academy
477 Pendell Hill Rd
Whitney Point, NY 13862

For More Information Contact:

Ed Schafer
Cell# 585-738-7925
kdefisher@rochester.rr.com

Gary Ferro
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Team Name: _____
Team Email: _____
Coaches Name: _____

<u>Wt</u>	<u>Wrestlers Name</u>	<u>DOB</u>	<u>Weigh-Ins(Leave Blank)</u>
50	_____	_____	_____
55	_____	_____	_____
62	_____	_____	_____
66	_____	_____	_____
72	_____	_____	_____
76	_____	_____	_____
82	_____	_____	_____
86	_____	_____	_____
90	_____	_____	_____
95	_____	_____	_____
100	_____	_____	_____
107	_____	_____	_____
115	_____	_____	_____
123	_____	_____	_____
130	_____	_____	_____
140	_____	_____	_____
165	_____	_____	_____

ALTERNATES

1. _____ 2. _____ 3. _____ 4. _____