

# NYWAY CENTRAL REGION



## Regional Dual Team Wrestle-Offs



**Friday, December 4, 2015 @ 7pm.**

- WEIGHT CLASSES:** 45, 50, 55, 60, 66, 72, 79, 87, 95, 102, 110, 120, 135 (max 135).  
+3 Alternates. No JV/Varsity Experience. 0 pound allowance.
- DATE & TIME:** FRIDAY, 12/4/15; Weighins begin @ 6:30pm Estimated Start time: 7pm. Wrestlers will not be turned away, however if they do not make the weight class they registered for, they will be moved to the appropriate weight class.
- PLACE:** Hazen Athletic Center, 65 Corporate Park Dr., Central Square, NY 13036.
- COST & REGISTRATION:** \$0. This is a Central Region Sponsored Event with the help of the Square Wrestling Academy and NYS Certified Officials. Good sportsmanship and a positive attitude by the wrestlers/parents/coaches/guardians is a must. All representative decisions are at the final discretion of the Central Region BOD.
- ELIGIBILITY:** Grades K – 8. \*Must hold current NYWAY Membership(\$17). Go to [www.NYWAY.org](http://www.NYWAY.org) if you need to check or update your membership status. No JV/Varsity Experience.
- OFFICIALS & FORMAT:** Wrestle-offs will be officiated by Certified NYS Officials. • Three 1 minute periods. • 1 minute first takedown then: 30 ride out. • A singlet and headgear are mandatory. • Bracketed if more than 3 wrestlers entered for a weight class. Best of 3 if only 2 wrestlers.
- AWARDS:** Top finisher in each weight class has first right of refusal to represent Central at Duals. Each wrestler representing the Central Region will be given a long sleeve performance t-shirt at the Regional Duals for them to keep.

**MUST PRE-REGISTER ONLINE for wrestle-offs at: <https://nyway.sportngin.com/register/form/732183716>**

## NYWAY KICK-OFF EVENT INFORMATION: DECEMBER 19 & 20, 2015.

*\*\*\*New venue this year & closer!\*\*\**

**\*\*\*Union-Endicott High School, 1200 East Main Street, Endicott, NY 13760.\*\*\***

- INDIVIDUAL TOURNAMENT:** Saturday, December 19, 2015. Starts @ 9am. Must register at [www.nyway.org](http://www.nyway.org). Find the event in The *Calendar* tab section on December 19. \$25. *We encourage you to participate and get some more mat time!*
- DUAL TEAM TOURNAMENT:** Sunday, December 20, 2015. 9 am. Regional Directors will submit team names to Tournament Director. \$0.