

**NFWC POWERCATS**  
**22nd ANNUAL WINSPIRATIONAL**  
**TOURNAMENT**

**March 28th, 2015**

**J.V. and Varsity Wrestlers Welcome**

These wrestlers cannot be used for team points

**Up To 6-Man Round Robins**

**Weigh –In's:**

**March 27th 2015 6:30-8:00 p.m. (Fri)**

**March 28th, 2015 7:00-8:30 a.m.(Sat)**

**Registration \$20.00 (USA AND NYWAY Wrestlers Welcome)**

**Pre-Registration Tournament**

**1<sup>st</sup> -3<sup>rd</sup> place Individual Awards**

**Team Trophies: 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> places**

**We are guests of Niagara Falls High School and all rules must be followed.**

**Anyone not following the rules will be asked to leave the tournament.**

- **There will be NO SMOKING on school grounds**
- **NO FOOD will be allowed outside of the cafeteria**
- **No Coolers will be allowed in the gym**
- **All children must be supervised at all times**
- **No running or horseplay in the halls**

**For more information call:**

**Willie McDougald at 716-440-9128**

**Bryan Haseley 716-818-5746**

**Tommy Crumpler 716-550-1522**

**Admission: \$2 adults \$1 students (5 & under free)**

**Tournament will be held at:**

**Niagara Falls High School**

**4455 Porter Road**

**Niagara Falls, NY 14305**

**\*\*\*OHIO TOURNAMENT OF CHAMPIONS AND GENE MILLS QUALIFIER\*\*\***

**BY BIRTH YEAR**

YOUTH FEATHER	40,45,50,55,60	<b>2009 and Later</b>
BANTAM	40,45,50,55,60,65,70,80,100	<b>2007-2008</b>
MIDGET	50,55,60,65,70,75,80,85,90,100,110, 120	<b>2005-2006</b>
JUNIOR	60,65,70,75,80,85,90,95,100,110,120,130,140	<b>2003-2004</b>
SCHOOLBOY	80,85,90,95,100,110,115,120,130,140,150,160,180	<b>2001-2002</b>
HIGH SCHOOL	100,110,120,130,140,150,160,180,210,HWT (285MAX)	<b>1999-2000</b>

**Tournament director reserves right to combine weight classes**

**WEIGH-INS: Fri March 27<sup>th</sup> 6:30-8:00 pm and Saturday March 28<sup>th</sup>, 2015 7:00am-8:30am.**

- If you don't make weight, you can not wrestle : WRESTLE WILL BEGIN ABOUT 9:30 AM*

**RULES: Collegiate Rules (Folkstyle)**

BOUT LENGTH 1-1-1 min periods for Y, B, M, J

2-1-1 min. periods for SB,HS

Overtime—1 Minute Sudden Victory, 30 Second Criteria (if needed)

**Pre-Registration due by:**

**March 25<sup>th</sup> , 2015**

**Mail registrations to: Willie McDougald  
2756 Livingston Ave  
N.F. NY 14303**

**Make checks payable to: NFWC**

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WEIGHT \_\_\_\_\_ BRACKET \_\_\_\_\_

CLUB/SCHOOL NAME \_\_\_\_\_ USA# \_\_\_\_\_

WRESTLERS NAME \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_ PHONE # \_\_\_\_\_

**I understand that NFWC nor Niagara Falls High School is not responsible or liable for any injury accidental or otherwise. NFWC nor Niagara Falls High School is not responsible for any items lost or stolen.**

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_