

8th Annual Lindenhurst Youth Wrestling Tournament

Presented by The Lindenhurst Wrestling Club and USA Wrestling

Sunday, January 11, 2015

- REGISTRATION** The tournament will be limited to the first 400 wrestlers to register
\$30 fee includes online processing (no refunds and no walk-ins)
Online registration only, **deadline is Thursday January 8th midnight**
Coach/Team and Individual Online Registration options are available
- REGISTER AT** www.wrestlereg.com **Current USA Card Mandatory**
- WAIVER** Medical participation waiver is completed as part of the online registration
- LOCATION** Lindenhurst High School Gym, 300 Charles Street Lindenhurst NY 11757
Sunrise Hwy to town hall in Lindenhurst, turn south onto No Indiana Ave,
at the 4th stop sign make a left into the Lindenhurst high school parking lot
- WEIGH-INS** Coaches & Parents are responsible for submitting an accurate weight
Random weight checks at check-in, Any wrestler exceeding a two pound
allowance within their bracket will be disqualified without a refund
Madison exact weight system will be used to determine weight classes
- RULES** NYS High School Scholastic Rules, Three one minute periods,
Modified overtime, 30 seconds and 30 second ride out (first score choice)
Headgear, wrestling shoes and singlet are recommended
- OFFICIALS** Certified and experienced
- DIVISION** 4 man computerized brackets, experience separation, two match guarantee
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|--------------|-------------|------------------|---------------|
| Bantam | DOB '07-'08 | Check in 830 AM | Start 9 AM |
| Intermediate | DOB '05-'06 | Check in 930 AM | Start 10 AM |
| Novice | DOB '03-'04 | Check in 1130 AM | Start 12 Noon |
| Schoolboy* | DOB '01-'02 | Check in 130 PM | Start 2 PM |
- *No JV or Varsity high school experienced wrestlers
- AWARDS** Medals for all wrestlers and top 3 team scores (by registered team name)
All results will be posted on the Long Island Wrestling Assoc web site
- CLINIC** Jason Layton will run a free clinic 8-845 AM for all registered wrestlers
- ADMISSION** \$5 Adults/\$1 Children, parental supervision is required at all times
- CONSESSION** Food will be available throughout the day, No food/drinks in the gym
- CONTACT** Jamie Wrieth, Lindenhurstwc@optimum.net, 631 875 9899