

NYWAY SOUTHERN TIER REGIONAL

When: Sunday, March 9th, 2014. Doors open at 7am, wrestling begins at 9 AM
Where: Tioga Central Schools, 27 Fifth Ave., Tioga Center, NY 13845
Weigh-ins: Saturday, March 8, 4 – 6 PM, Whitney Point HS Wrestling Room
Saturday, March 8, 6 – 8 PM, Tioga Center HS Locker Room
Sunday, March 9, 7 – 7:45 AM, Tioga Center HS Locker Room
Wrestlers **MUST** weigh-in in a singlet.

Registration: \$25 with a current NYWAY Card. **Online registration only** closes 11:59 pm on Thursday, March 6th, 2014. NYWAY cards can be purchased online. Payments must be made at www.nyway.org.

Admission: \$3 for Adults, \$1 for children over the age of 5. 5 & under and senior citizens are FREE.

Divisions & weights:

D1 (2008/2007): 37, 40, 43, 46, 50, 55, 60, 65, 72, 79, HWT (Max 90)
D2 (2006/2005): 43, 47, 51, 55, 60, 65, 70, 75, 82, 90, 98, 108, HWT (Max 120)
D3 (2004/2003): 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 105, 115, 125, HWT (Max 145)
D4 (2002/2001): 60, 65, 70, 75, 80, 85, 90, 98, 105, 113, 121, 130, 140, 155, HWT (Max 175)
D5 (2000/1999): 81, 87, 93, 99, 105, 111, 118, 125, 132, 139, 146, 153, 160, 170, 185, HWT (Max 220)
D6*(1998 – 1995): 91, 99, 107, 113, 119, 126, 133, 139, 145, 152, 162, 172, 184, 198, 220, 288(Max)

*Wrestlers born in 98 must compete in this group at Regional and State regardless of their grade level.

*EXEMPTIONS – Any wrestler who qualifies for the NYSPHSAA State Championships automatically qualifies for NYWAY Championships on March 15th and 16th at Onondaga Community College – Syracuse, NY.

Rules:

- All divisions will be determined by birth year.
- NYS Modified High School Rules with NYS Certified Referees.
- NFHS overtime rules apply. Headgear is highly encouraged.
- Period lengths - Divisions 1, 2, & 3 (1-1-1) Divisions 4, 5, & 6 (1:30, 1:30, 1:30)
- Top 4 in each weight class qualify for the NYWAY Championships on March 15th and 16th at Onondaga County Community College – Syracuse, NY.
- Welcome to all wrestlers residing within Regional boundaries: Chemung, Tioga, Broome, Delaware, Tompkins, Chenango, Otsego and Cortland Counties
- Weight classes with 5 or fewer wrestlers will wrestle in a round robin format
- No weight allowance and must weigh in a singlet.
- If wrestlers do not make the weight they are registered in, they will be moved to the next weight class up, and must compete at the same weight in the NYWAY State Championships.
- **Tournament Director – Brandon Macwhinnie**

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