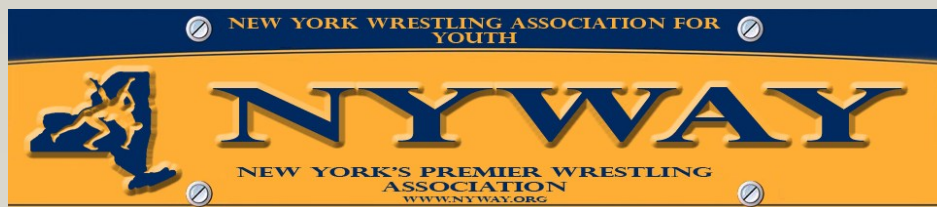




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NY TITAN Wrestling



Top 4 Qualify for  
NYWAY States on  
March 16 - 17

MARCH 10, 2013

# Capital Region Championship & NYWAY State Qualifier at Albany Academy

- Location:** Albany Academy (hockey facility), 135 Academy Rd Albany, NY 12208
- Entry Fee:** \$27.00 (Part of each entry goes to NYWAY Capital Region & State to support and grow wrestling from sponsoring NY youth travel teams to compete across the country to helping fund new college programs.)
- Registration:** Pre-Registration and Payment Required by Thurs., Mar. 7. REGISTER & PAY online with the new system located at [www.NYWAYREGISTRATION.org](http://www.NYWAYREGISTRATION.org). **NO WALK-INS, NO REFUNDS**
- Weigh-ins:** All Divisions > Saturday, March 9th, 6-7:00pm; or Sunday, March 10th, 7:30-8:30am. Div. 4—6 may also weigh-in between 10-11 am on Sunday, March 10th. All weigh-ins @ Albany Academy.  
All wrestlers' skin will be checked prior to weigh-ins. Weights must be at or lower than their weight class.  
**NO WEIGHT ALLOWANCE. NO REFUNDS.**

## THIS IS A SPLIT SESSION TOURNAMENT

**Start Times:** Divisions 1, 2, 3, and 4 wrestlers begin at 9:00 am. / Divisions 5 and 6 wrestlers be ready at 11:30am.

**Rules:** NYS Mod/NYWAY Rules: Periods - Div. 1, 2, & 3 (1-1-1); Div. 4, 5, 6 (1:30-1:30-1:30); 1 min. Sudden Victory OT. Followed by 30 sec ride-out. 1<sup>st</sup> point scored gets choice. If no points scored, choice determined by coin flip.

**This is a Double – Elimination Tournament (Round Robin in brackets with 6 or less competitors).**

All participants must have current NYWAY membership. For membership go to [www.nyway.org](http://www.nyway.org). One-piece singlet suggested.

Shorts and shirt okay. No loose clothing. No long sleeves or pants.

- Eligibility:** Proof of age/birth year & parent/guardian's electronic signature. If age of wrestler is contested, must provide age documentation. No refunds. **Must reside in NYWAY's Capital Region.**
- Awards:** Gold, Silver & Bronze Medals for 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup>. T-shirts for 1<sup>st</sup> - 4<sup>th</sup>
- Admission:** \$3 Adults / \$1 Students. All coaches pay.
- Food & Bev.:** Food and Beverage available all day
- Vendors:** Vendors for apparel, singlets, head gear, shoes, proper nutrition drinks and more will be on site.
- Questions:** Contact Tournament Director **Jefferson LaMountain** @ (518) 221-9862 or [nytitanwrestling@gmail.com](mailto:nytitanwrestling@gmail.com)  
Or **Eric Padelford** @ (518) 588-6688 or [ericp76@gmail.com](mailto:ericp76@gmail.com)

## AGE GROUPS & WEIGHT CLASSES— NO CHANGE AFTER THURSDAY MARCH 7th, 2013

- Div. 1- Birth year- 2006-2008: 37, 40, 43, 46, 49, 52, 56, 60, 65, 75, HWT (max 95).
- Div. 2- Birth year- 2005&2004: 43, 46, 49, 52, 55, 58, 61, 64, 67, 70, 75, 80, 88, 100, HWT (max 120).
- Div. 3- Birth year- 2003&2002: 51, 55, 59, 62, 65, 68, 71, 75, 80, 85, 90, 95, 100, 110, 125, HWT (max 145).
- Div. 4- Birth year- 2001&2000: 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 120, 130, 140, 155, 170, HWT (max 190).
- Div. 5- Birth year- 1999&1998: 75, 81, 87, 93, 99, 105, 111, 118, 125, 132, 139, 146, 153, 160, 170, 185, HWT (max 210).
- Div. 6- Birth Year- 1994-1997: 91, 99, 107, 113, 119, 126, 133, 139, 145, 152, 162, 172, 184, 198, 220, 288