

MIKE KRAUSE • YOUTH COACH *Extraordinaire*

You don't want to miss this opportunity to train with the most widely recognized top youth coach in the USA. Experience Mike Krause's infectious personality and charismatic teaching style as he makes a visit to the Capital Region of New York State this summer.

CAMP DESCRIPTION:

This is youth commuter camp; however, we expect out-of-the-area competitors to make the trip. Camp is limited to only 75 wrestlers and will focus on developing fundamentally-sound skills. Wrestlers will learn to develop good wrestling habits and be pushed during live sessions. Parents are welcome to observe or feel free to drop the kids off for the day and pick them up in the afternoon (exception being the last day – June 3. Parents will need entry into the park if they wish to enter the park). Don't be fooled by the Youth title! This is a high-end, elite youth camp, geared for the focused young athlete. Wrestlers should be prepared to work hard and be disciplined.



FACILITIES:

Niskayuna High School

1626 Balltown Road, Niskayuna, NY

Six Flags Great Escape Lodge & Indoor Waterpark

89 Six Flags Drive, Queensbury, NY 12804

Camp Emergency Contact Number:

(518) 441-2374



LEAD CLINICIANS



MIKE KRAUSE

- Founder and head coach of NXTLVL Wrestling Academy
- Widely considered one of the best youth coaches in the United States
- Team Shamrock two-time Youth State Champs; one-time Runner Up
- High School Team 2010 State Champs; record 14 qualifiers, 10 placers, 3 champs



SCOTT GOODALE

- Head Coach, nationally-ranked Rutgers University
- Former Jackson Memorial High School Coach
- Three-time NJ High School Coach of the Year



DAVID TAYLOR

- NCAA Runner Up at Penn State University
- NCAA All-American as a freshman
- 2011 Big Ten Champ at 157
- Two-time Ohio Wrestler of the Year in high school



Journeyman Wrestling
2220 Balltown Road
Niskayuna, NY 12309



JOURNEYMEN WRESTLING

presents

the **MIKE KRAUSE** *Youth/Modified Training Camp*



YOUTH COACH *Extraordinaire*

June 1-3, 2012

Niskayuna High School, Niskayuna, NY

Six Flags Great Escape
Lodge & Indoor Waterpark, Queensbury, NY

For more information contact
www.journeymanwrestling.com
or call 518-377-5903

MIKE KRAUSE Youth/Modified Training Camp

June 1-3, 2012

June 1-2 • Niskayuna High School, Niskayuna, NY

June 3 • Six Flags Great Escape Lodge & Indoor Waterpark, Queensbury, NY



CHECK IN/CHECK OUT:

Check in June 1: 5:00-5:30 p.m.

Check out is official at 2:00 pm on June 3. Journeymen Wrestling Camps' supervisory responsibility ends at this point. Athletes with proper parental supervision are welcome to stay for the waterpark after 2:00 pm as their tuition covers entrance to the park, but camp is officially over at 2:00 pm.

DAILY SCHEDULE:

June 1 • Niskayuna High School
5:45-7:00 p.m. • Session 1
7:00-7:15 p.m. • Dodge Ball
7:15-8:30 p.m. • Session 2

June 2 • Niskayuna High School
9:30-11:30 a.m. • Session 1
11:30 a.m.-12:15 p.m. • Lunch
12:15-2:30 pm • Session 2

June 3 • The Great Escape & Splash Water Kingdom
9:00-11:15 a.m. • Session 1
11:15-11:55 a.m. • Lunch
12:00-2:00 p.m. • Session 2
2:00-6:00 p.m. • Camper personal time at waterpark

WHAT TO BRING: This is a commuter camp; therefore, room and board are the campers' responsibility. Each camper will be expected to supply his own food, drinks, workout gear, shoes, shirts, shorts, singlets, etc., as well as a supply of Lotrimin.

FEES:

Mike Krause/Journeymen Wrestling Camp: \$275 commuter
Please note that this camp is a commuter camp; therefore room and board are the camper's responsibility. Entrance to the park is also included for athletes and camp-paying parents or coaches.

DEPOSIT: A \$100 deposit is required with the camp application. Apply online at www.journeymenwrestling.com or by snail mail with the attached application. Checks and money orders only will be accepted for mailed deposits, made payable to Journeymen Athletics, LLC. All campers must complete and mail in the attached medical form. ONLY CASH OR MONEY ORDERS will be accepted at check in for the remaining camp balance. Absolutely no checks! A \$25 surcharge is assessed for applications received within 10 days of the start of camp.

ACCOMMODATIONS: We have maintained a good relationship with and recommend Red Roof Inn in Colonie – 188 Wolf Rd., Albany, NY (518) 459-1971; and in Queensbury – 931 State Route 9, Queensbury, NY (518) 792-6524. (please call for discount price)

HEALTH INSURANCE: Participants in the camp will be covered by secondary accident insurance provided by the camp's tuition. The non-duplicating policy covers medical expenses within the range of its limits, except for those costs covered by any other valid and collectible insurance policies. No one will be admitted to the camp without a signed release and a primary insurance policy. Both must be provided on the medical form.

RULES & SUPERVISION: Rules will be read, discussed and signed off on by the camper. Violation of the rules could be grounds for immediate dismissal. There is a zero-tolerance attitude toward alcohol, drugs, fireworks, hazing or violence. Participants will be supervised during all organized times and in the gymnasium. Those enrolled in the camp must comply with all rules and regulations governing conduct of the students on campus. Any violations or abuse of these rules will cause immediate dismissal from the camp without a refund. We will use every precaution to prevent accidents. We do not, however, assume any responsibility for medical, dental, or other expenses incurred as a result of accidents. A parent or guardian must sign the application before an athlete will be accepted into the camp.

Minimum age for campers is first grade.

APPLICATION FORM

Complete and mail this application
OR
apply online at www.journeymenwrestling.com

Remember to complete and mail in the medical form.

MAKE DEPOSIT PAYABLE TO
Journeymen Athletics, LLC

MIKE KRAUSE
Youth/Modified Training Camp
(1st - 9th Grade)
June 1-3, 2012
75 SPOTS AVAILABLE

Tuition: \$275 wrestler or resident coach

Enclosed is my \$100 deposit • \$175 due at check in
**remember only cash or money order will be accepted for balance at check in*

LAST NAME _____ FIRST NAME _____

HOME PHONE _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

WEIGHT _____ GRADE, FALL OF 2012 _____

SCHOOL ATTENDING _____

E-MAIL ADDRESS (required) _____

Coaches who bring 10 or more athletes attend free of charge.

RETURN APPLICATION TO
Journeymen Athletics, LLC
2220 Balltown Road, Niskayuna, NY 12309
PLEASE FILL OUT AND SIGN THE MEDICAL FORM

FOR OFFICE USE ONLY

Date Rec'd	Date Cont	Amt Dep	Bal Due	Rect No.

MEDICAL FORM Required

Pertinent Medical Information

PARENT OR GUARDIAN _____ HOME PHONE _____ E-MAIL ADDRESS _____ BUSINESS PHONE _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

NAME AND PHONE NUMBER OF INDIVIDUAL(S) TO CONTACT IN CASE OF EMERGENCY _____

PERMISSION FOR MEDICAL TREATMENT, RELEASE OF MEDICAL INFORMATION AND PAYMENT OF MEDICAL EXPENSE

I REQUEST AND GIVE PERMISSION to the physicians and medical staffs at locations near Albany, NY to treat the above-named participant appropriately, including hospitalization, prescribing medication, and performing emergency medical procedures.

I AUTHORIZE release of any medical information which may be pertinent to any diagnosis or treatment of the above-named participant.

I UNDERSTAND that any charges resulting from this medical treatment will be billed to me at my address or to my medical insurance carrier which is: _____

MEDICAL INSURANCE CO. _____ POLICY # _____ ADDRESS _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

PARENT OR GUARDIAN SIGNATURE _____ DATE _____

ALERT! *Medical history – vaccination and prescribed medication forms are required by the Department of Health prior to attending camp. Please download the necessary forms from www.journeymenwrestling.com
This is a New York State sanctioned summer camp.

Return Medical and Application Forms to
Journeymen Athletics, LLC
2220 Balltown Road, Niskayuna, NY 12309